

Sandhurst Weekly News

Friday 24th May 2024

Headteacher's Weekly Review

Last weekend saw the practice expedition for both the Bronze and Silver Duke of Edinburgh awards. I was delighted to be able to attend and so very proud of the students taking part as the feedback from the organising company was incredibly positive about both their conduct and their attitude. Aside from one group being slightly 'locationally challenged', all groups completed the expedition, very well done.

On Friday 10th May we emailed letters regarding the consultation for Sixth Form and the proposed Specialist Resource Provision, please could I remind you to complete the consultation. The closing date is Tuesday 4th June.

As half term is next week and as usual the English weather is expected to be rather varied, but I do hope that the students are able to relax and spend some time outside in good weather. I also hope that the Year 11 and Year 13 students will enjoy their brief respite from their exams.

As we start the half term, I would just like to remind students to please not come onto the school site unless they are part of a group that have booked to use our facilities. I asked for your support before and we saw a big reduction in damage to the school site, so thank you.

Have a lovely half term

Mr G Croxon Headteacher









Headteacher's Award



Friday 24th May 2024

The winner of this week's Headteacher's Award are:

Mariam Jabang-8B1

Tess Blay - 8R2

Aidan Pottinger - 8Y1

The other students nominated for the Headteacher's Award are listed below:

Aaliyah-Rose Aitchison 7R2

Millie Alton 7B1

Ashvin Atwal 7Y1

Xavier Beckley 9G2

Dominic Bevan 7B1

Tess Blay 8R2

Lily Bruce 7B2

Jhazlyn Campoverde Piguave 9G2

Conner Cattermole 9R1

Jacob Curran 7G2

Oleh Dorozh 8G2

Charlotte Elbourne 7G1

Aliana Enriquez 8Y2

Amelia Gibbs 7G1

Matthew Godsmark 9Y1

Aishwarya Gurung 8Y2

Alice Gurung 10Y1

Alfie Harris 7G1

Bertie Hart 9B2

Adam Hazell-Watts 9Y2

George Hodgson 9R1

Caitlin Hook 10B1

Mariam Jabang 8B1

Leo Latif 10B1

Zoe Lauguico 8R2

Vienna Leighton 9G2

Aimee Marshall 7Y1

Kathryn Mather 7R2

Alexander McLean 7B1

Verity Morley 9G2

Violet Moulder-Moore 10Y1

Saanyi Nandikonda 7R2

Bradley Nolan 10R2

Connie Pattimore 9B1

Amber Payne 7Y1

Benett Petervari 8B2

Aidan Pottinger 8Y1

Julian Pulkowski 8G1

Anusriya Pun 7R1

Nayer Rai 10R1

Ben Rowell 8Y2

Lucas Russell 10B2

Kieran Salton 8B1

Manminder Samra 7B2

Reuben Sarkari 7B2

Eleanor Shepherd-Mogensen 7G2

Eliza Thornton 7G2

Lola Thurlow 7Y1

Elsie Tims 7R2

Maya Walder 8B1

Freddy Watson 7Y2

Holly Weston 9G1

Lucas Wilson 8B1

Benas Zalys 10R1

2024 DATES FOR YOUR DIARY



Friday 24th May	End of Term (School finishes normal time)			
May Half Term Monday 27th - Friday 31st May				
Friday 7th June	Year 10 Geography Visit to Calshot Spit			
Friday 21st - Sunday 23rd June	Silver DoE Assessed Expedition			
Saturday 22nd - Sunday 23rd June	Bronze DoE Assessed Expedition			
Monday 1st July	Year 7 Visit to Harry Potter World			
Tuesday 2nd July	Year 7 Visit to Harry Potter World			
Friday 12th July	Sports Day (School finishes early - to be confirmed)			

Pastoral



Congratulations to **Summer** - **7G2**, seen here with Head of Gemini House, Mr Ryan Houston, for earning enough points to be awarded a £10 Amazon voucher. Well done!

Congratulations also to **Finley** - **8R2**, seen here with Mr Gareth Croxon, Headmaster, and Mrs Nicole Lovejoy, Head of Romer House, for earning enough house points to be awarded his Gold Achievement Badge. Well done!.

Congratulations again, this time for **Abigail** - **8G2**. who has earned enough house points to claim her bronze, silver and now her gold achievement award. Shown below receiving her gold award from Mr Houston.





The Green Team

Hello from the Green Team!

We are a group of individuals united to make Sandhurst School more sustainable. We aim to achieve this with many aspects, like planting trees on the field and promoting recycling. In this message, we'll talk more in depth about these two actions.

The Trees:

The Green Team have planted a wide variety of trees towards the back of our school field. These trees include: wild cherry, dogwood, rowan, silver birch, hazel and hawthorn. During hot summer days, the young trees will provide much-needed shade to the students at Sandhurst. Additionally, the trees will absorb carbon emissions and release oxygen for us to breathe. In a way, they are mini superheroes, aiding the welfare of the environment. Furthermore, these trees will invite more wildlife to our local area making it a much brighter and eco-friendly location: another benefit of these marvellous trees.



Promoting Recycling:

Green Team are hosting a competition for Year 7s and 8s in which they can customise a design for our new recycling bins, which will be placed in all classrooms around the school. The winning student will receive a £10.00 amazon voucher. In addition to being a fun activity, this shall provide the ability for our rubbish to be recycled properly, rather than all of it being thrown away as general waste and ending up in a landfill site.

At Green Team, our goal is to make the school a more sustainable environment. If you can do any extra recycling at home, it could make all the difference to our community being eco friendly. Because, if everyone does their part, it can have a huge impact.

The Green Team





Year 11

Well, the end is now finally in sight for our Year 11s. There is only one more English exam left on Thursday 6th June and then they can finally breathe a big sigh of relief.

It has been lovely to hear them come out of their English exams sounding so positive and the majority of students have found the papers a good experience. This is a testimony to the hard work of both students and staff and, of course, the support of family members and friends. The English team would like to thank all those who have gone above and beyond to ensure the success of students - the results will be worth it!

Just a reminder, that if you have left your English folder at school, please do collect it as we do not have space to store folders. This is particularly important if you are considering studying English at college or university as your folders contain years of hard work.

Year 11, we wish you all the best with your final exam and look forward to receiving your results in August.

Year 10:

Year 10 are spending the remainder of the term completing Lord of the Flies as one of the components of their GCSE Literature qualification. Having already completed Macbeth and The Strange Case of Dr Jekyll and Mr Hyde, it is important that they finish strong and make the best effort possible to ensure success going forward.

They will be writing their first round of English Mock exams in June and the focus will be on Language Paper 1 and then Literature Paper 1. Students have been given access to a revision classroom with resources to assist them and have been made aware of what they will be assessed on. Any revision that can be done over the half term will not be wasted and students are encouraged to make good use of their time. A good result now will help grow confidence and ensure success when they reach Year 11.

The English Department would like to wish everyone a good break. Although short, may it be a time of refreshing before the final term begins.

Mrs F Patrick English Teacher





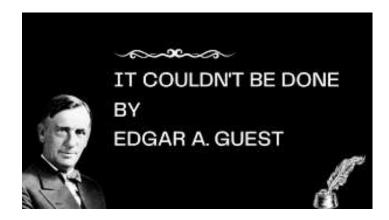


It Couldn't Be Done - Edgar Albert Guest

Somebody said that it couldn't be done
But he with a chuckle replied
That "maybe it couldn't," but he would be one
Who wouldn't say so till he'd tried.
So he buckled right in with the trace of a grin
On his face. If he worried he hid it.
He started to sing as he tackled the thing
That couldn't be done, and he did it!

Somebody scoffed: "Oh, you'll never do that;
At least no one ever has done it;"
But he took off his coat and he took off his hat
And the first thing we knew he'd begun it.
With a lift of his chin and a bit of a grin,
Without any doubting or quiddit,
He started to sing as he tackled the thing
That couldn't be done, and he did it.

There are thousands to tell you it cannot be done,
There are thousands to prophesy failure,
There are thousands to point out to you one by one,
The dangers that wait to assail you.
But just buckle in with a bit of a grin,
Just take off your coat and go to it;









Our English Stars this week for their amazing hard work are:

Mr Houston - Sophie Fournier Des Corats (Year 11)

Mrs Feiteira - Nathan Harman (Year 10)
Arianna Triambulo (Year 10)

Mrs Byron - Thomas Routh (Year 10)

Mr Robertson - Addison Diment (Year 8)

Mr Riley - Abbie Simons (Year 8)

Mrs Angdembe - Ryan Kelly (Year 10)

Miss Maree - Oleh Dorozh (Year 8)





Chess is back at Lunchtimes!

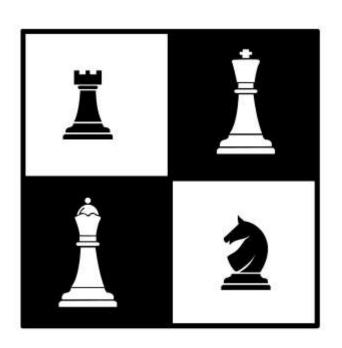
The Game Plan

Join us for
a quiet game of chess
during Wednesday
lunchtimes.

The Rules

No spectators or

noise, as others are
working and reading.





Library Competition

Get as many SRPs by the end of May to win a Library Treasure Hunt for your English class

The top English class in each year group 7-9 will win a Treasure Hunt.

Get the most Sparx Reader Points per pupil by the end of May to win.

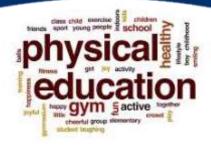
Deadline to collect points is 3pm Friday 31 May.



Winning classes will win a Library Treasure Hunt in the summer term.

And the chance to find some treasure!









Year 8 Rounders

On Tuesday Sandhurst hosted our second rounders tournament of the year and this time was for our year 8s. We hosted 3 schools and despite the weather the team kept spirits high and were eager to get started.

We started off strong against Brackenhale with Jessie striking the ball far scoring us rounders on multiple occasions. Some excellent bowling from Isla minimised the amount of half rounders given away and some amazing catches from Thea, Grace and Amber led us to victory in our first game.

Onto the second game against a strong Edgbarrow side. Some excellent hits from Liam and Oliver gave us some valuable rounders however Edgbarrow were able to make some great catches and ended up taking the win for this game.

In the last game against Garth the year 8s discussed tactics to avoid giving away half rounders and to get as many rounders as possible. Some excellent fielding from Amelia, Frances and Jana, alongside Harriet delivering all missed balls from backstop straight to second prevented Garth from scoring many half rounders. This amazing fielding combined with good batting gave Sandhurst their second win of the tournament.

Overall Sandhurst came a well deserved 2nd in the tournament! Well done to everyone involved!

The team: Amber, Isla, Jessie, Frances, Jana, Thea, Grace, Harriet, Oliver, Liam and Amelia.

Final Standings:

1st— Edgbarrow

2nd—Sandhurst

3rd—Brackenhale

4th—Garth

Miss C Heighes
PE Teacher





ECHNOLOGYMatters

This week in Year 7 Design and Technology Club we have been finishing our Steady Hand Games and making Slime!

Well done to the team for finishing a tricky project and getting stuck into a messy one!

Mrs S Rook and Miss H Barclay



















This week Year 10 Caterers have been getting to grips with meringue, a tricky dish, where even the hint of an egg yolk can ruin your day! Following my demonstration of the three-bowl egg separation technique, both groups achieved the most amazing results.

Chefs of the Week were Kalli-Rose for 10D and Riley for 10B.

Mrs L Tudor











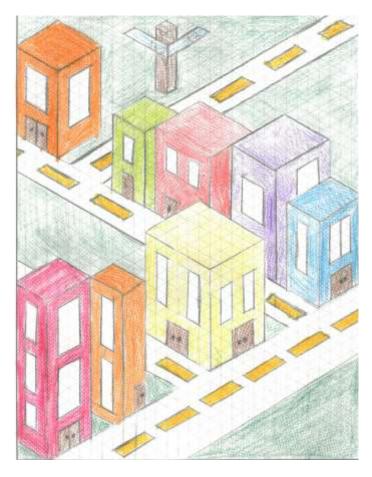


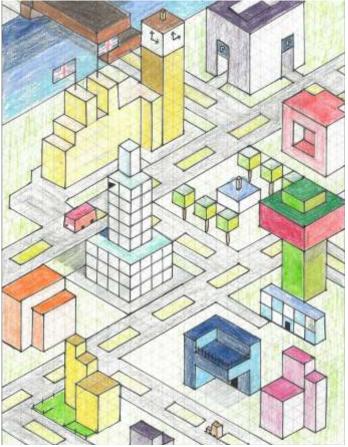




ETECHNOLOGYMatters

Our third rotation of design students have started learning how to draw in 3D using isometric paper, here is some of the outstanding work they have produced for homework.

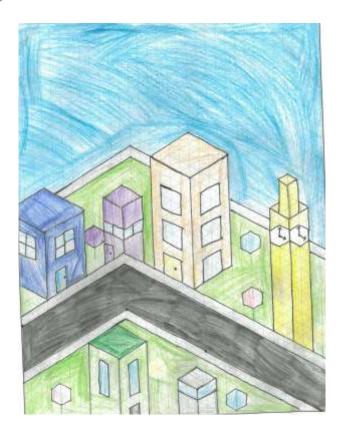




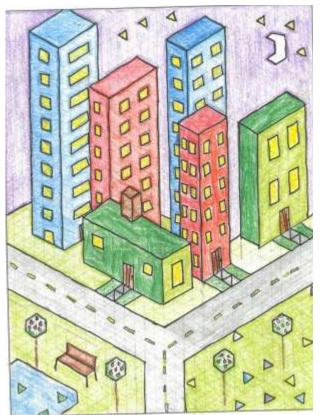
Dominic Bevan

Lily Bruce

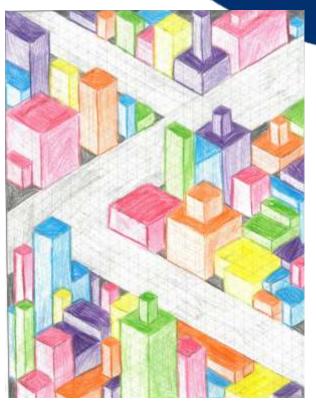




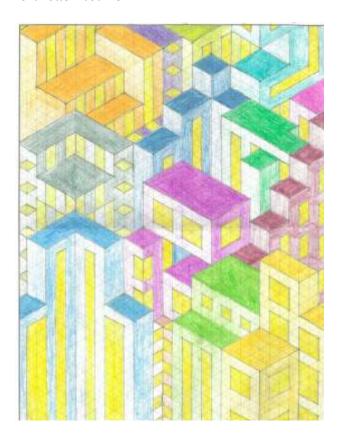
Alfie Harris



Eliza Thornton



Charlotte Elbourne



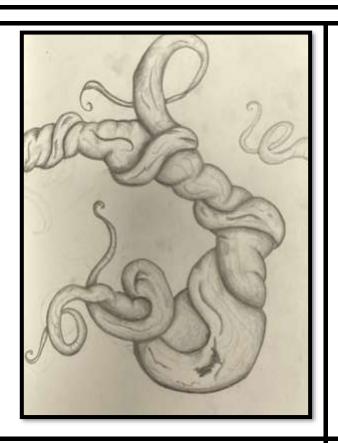
Elsie Tims



Artwork of the Week - 24th May

All students will be nominated for the Headteacher's Award.







Year 7 - Natalie Wong

Year 7 - Leo Farrant





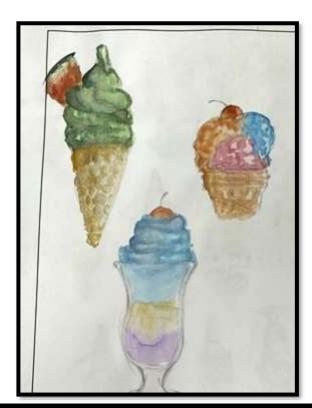
Year 7 - Anusriya Pun

Year 7 - Eva Murray

Artwork of the Week - 24th May

All students will be nominated for the Headteacher's Award.





Year 8 - Aliana Enriquez



Year 9 - Olesia Dorozh



Year 9 - Martha Tims



Year 9 - Freya Roake

Artwork of the Week - 24th May

All students will be nominated for the Headteacher's Award.







Year 9 - Vienna Leighton

Year 9 - Nicola Bagalacsa



Year 9 - Mykaela Cairo



Year 9 - Lily Dunn

Artwork of the Week - Friday 24th May

This weeks winner



Mykaela Cairo - Year 9





Knives Ruin Lives

Last Monday (13th May 2024) marked the launch of Operation Sceptre, the national knife crime awareness campaign and week of action for police forces across the UK.

Operation Sceptre is a national initiative that takes place twice a year with the aim of raising awareness of knife crime, its effect and the police action in detecting, reducing and preventing it.

As part of the awareness campaign, local police officers came into school on Monday to give a very informative talk to our Year 10's about the realities of knife crime with hard hitting case studies of incidents involving knives. The officers talked to the students about what is considered to be both an offensive weapon and a bladed article, along with the consequences of possessing a knife or even being associated with other people carrying knives.



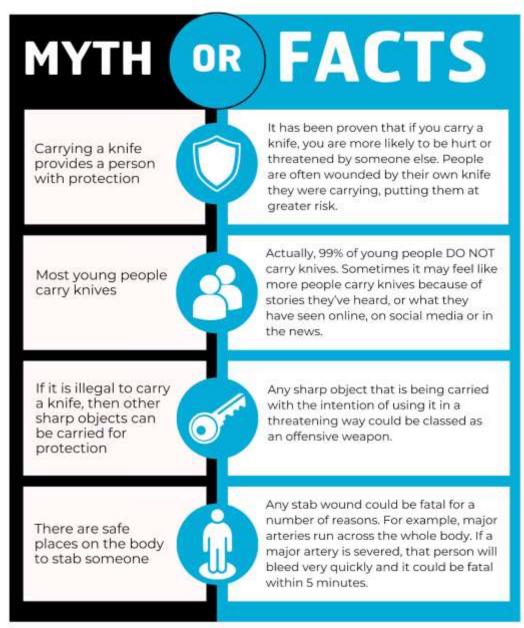


It was highlighted to the Year 10's that even if they are not carrying a knife but are involved in an offence in any way where a knife is present – they will be prosecuted the same as if they were carrying a knife.

Knife Crime Statistics

- In 2023, Thames Valley Police made 755 arrests in relation to Knife Related crime.
- There were 49,489 recorded knife related incidents in the UK in 2023.
- Last year there were 244 killed by a knife (that's 5 people a week) 78 of those were under 25 years old.
- 7/10 young people who are stabbed, are done so with their own knife.
- 82% of teenagers murdered are done so with a knife or sharp implement.
- Over 3,500 weapon offences were committed by under 18's last year.





Source: https://crimestoppers-uk.org/fearless/more-info/crime-types-explained/knife-crime

If you have any concerns or would like to report something or ask for advice, please contact the local Police, Crimestoppers, Fearless (0800 555 1111) or the Safeguarding Team at the School.

The Safeguarding Team







Financially Motivated Sexual Extortion

All schools in the UK have recently been sent information from the National Crime Agency, raising awareness of the recent rise in reporting of financially motivated sexual extortion (a type of online blackmail often known in the media as 'sextortion'). Children and young people worldwide are being targeted.

This type of crime involves an adult offender (often from an organised crime group based overseas) threatening to release nude or semi-nude images and/or videos of a child or young person, unless they pay money, or meet another financial demand, such as purchasing a pre-paid gift card.

Victims of any age and gender can be targets, however a large proportion of cases have involved male victims aged 14-18.

A child or young person is <u>never</u> to blame if they have been a victim. Offenders will have tricked, groomed and/or manipulated them into sharing an image.

Find out more about online blackmail on CEOP Education's parents and carers website

Talking to your child

It's important to have frequent, open and non-judgemental conversations with your child about relationships, sex and being online to build trust and support them if something goes wrong. Financially motivated sexual extortion should be included in those conversations. Here are some tips about how to approach this:

Chat regularly about their life online: have ongoing conversations with them about their life and time online. Continue to take an interest as they grow, explore new apps and sites together and talk in a balanced way, considering the benefits and the potential harms.

Talk about where to find information about relationships and sex: organisations like <u>CEOP Education</u>, <u>Childline</u> and <u>Brook</u> have age-appropriate advice topics such as sexual communication and image sharing. This will help your child to understand what unhealthy relationships look like, such as applying pressure and blackmail; and give them trusted sources of information to explore these topics.

Review privacy settings: talk to your child about the importance of using privacy settings on their accounts to restrict who can contact them. Read CEOP Education's advice on how to talk to your child about their privacy settings.

Make sure they know where to go for support: let them know that they can come to you with any concerns and won't be judged. It's also important to make them aware of other trusted adults or sources of support, if they feel they can't talk to you, such as Childline.







Make sure they know where to report: remind your child how you can help them to report an incident to the police or using the CEOP Safety Centre. Let them know that if a nude or semi-nude of them has been shared without their consent, they can take these 3 steps to try and get them removed:

- 1. Use <u>Report Remove</u>, a tool from Childline and the Internet Watch Foundation. Your child can use this to remove images that have been shared or might be shared.
- 2. Use <u>Take It Down</u>, a tool from the National Center for Missing and Exploited Children. Your child can use this to remove or stop the online sharing of images or videos.
- 3. Report directly to the platform or app that the incident has occurred on. For advice on how to report to major social media platforms, visit <u>Internet Matters</u>.

To learn more about what resources are available to help you support your child, visit the UK Safer Internet Centre.

What can I do if this has happened to my child?

If your child tells you that someone is trying to trick, threaten or blackmail them online:

Don't pay, do stop contact and block: you may be tempted to pay, but there is no guarantee that this will stop the threats. As the offender's motive is to get money, once you have shown you can pay, they will likely ask for more and blackmail may continue. If you have paid, don't panic but don't pay anything more. Help your child to stop all communication with the offender and block them on any accounts that they have been contacted on.

Avoid deleting anything: try not to delete anything that could be used as evidence such as messages, images and bank account details.

Report to the police or CEOP: call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the <u>CEOP Safety Centre</u> to report any online blackmail attempts.

If it has already happened and your child has shared an image and sent money to someone exploiting them:

Reassure them that they've done the right thing by telling you: make sure they know they are not to blame for what has happened and they have done the right thing to ask for your help.

Children and young people's mental health may be negatively impacted by experiences of exploitation; you can <u>find advice</u> on looking after your child's mental health from the NHS.

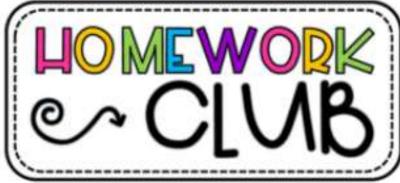
Report to the police or CEOP: call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the <u>CEOP Safety Centre</u> to report an incident. If your child is 18 and over, call 101 or 999 if they are at risk of immediate harm.

Report any images or videos that have been shared: help your child to remove images that are online or prevent images being shared online by following these three steps:

- 1. Use <u>Report Remove</u>, a tool from Childline and the Internet Watch Foundation. Your child can use this to remove images that have been shared or might be shared.
- 2. Use <u>Take It Down</u>, a tool from the National Center for Missing and Exploited Children. Your child can use this to remove or stop the online sharing of images or videos.
- 3. Report directly to the platform or app that the incident has occurred on. For advice on how to report to major social media platforms visit Internet Matters.









3:00 - 4:00pm in PC4

PE Clubs Summer 2024

Clubs run from 3:10pm to 4:00pm.

	Monday	Tuesday	Wednesday	Thursday	Friday
After School	Rounders – all years Mrs Evans Miss Heighes	Athletics - all years Mr King Mrs Evans Mr Proctor- Searle Mrs Davis Miss Heighes	Cricket - year 7 Mr Martin Cricket - year 8, 9, 10 Mr Proctor- Searle		
			Tennis - all years Mr King		

For the majority of the PE clubs students can just turn up and participate. They should arrive at the PE changing rooms with their kit and they will be signed in by one of the PE staff. They do not need to register in advance.





Account Alerts

When using Scopay it is possible to set up alerts for various actions, for example if the balance drops below a set amount or a reminder to pay for a trip.

To do this, you need to access your account using a PC rather than the app on a mobile device. Once you've logged in there is an option on the first page to configure the alerts.

ALERTS

CLICK HERE TO CONFIGURE THE ALERTS YOU RECEIVE.

Once you have clicked on the link it takes you to the page below where you can edit your alert choices. Once selected, click on update and these will be saved for you.

Alert Type	Receive Alerts	Email
Account balances		
Receive alerts when one of your accounts' balance configured amount. Note: account balances relate cashless catering / clubs - if provided by the school	to dinners /	
Send alerts when balance is below £ 1.50		
New trip or event available		
Receive alerts when a new trip or event becomes a	available online.	
New product available	60	
Receive alerts when a new product becomes availa	ble online.	
Trip payment reminder		
Receive alerts when payments for trips are due.		
Send daily alerts starting 1 day(s) before the p	payment is due	
UPDATE		





ATTENDANCE REPORTING GUIDE What YOU must do:

Report your child's absence before 8.30am each day of their absence via the STUDYBUGS app, email <u>attendance@sandhurstschool.org.uk</u> or telephone the attendance office on 01344 775678.

Tell us in advance of any medical appointments and provide appointment cards, letters or screenshot of text .

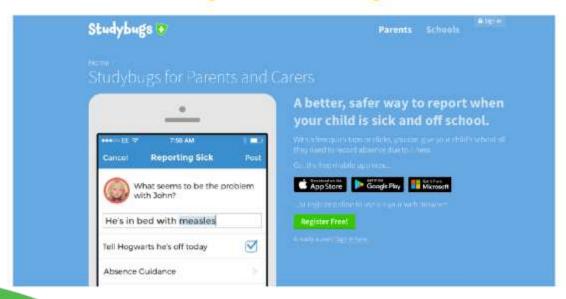
What WE will do:

Check you child absence every day.

Contact you to discuss your child's attendance.

Invite you into school for an attendance meeting if we are concerned.

If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!





Sandhurst School Careers Alumni

As we start our final term of this year we would like to wish all students in Years 11 and 13 good luck with their exams and invite everyone to join our budding new Alumni programme.

Sign up for Sandhurst School Alumni

Keep in touch and let us know about your achievements, and your memories of your time with us and help us to inspire future students.

This is also open to any parent/carers and family members who were Sandhurst School students in the past.

We would love to grow our past student family network.

Mrs C Hoekstra
Careers Coordinator





Could you help us with our careers activities?

We are looking for any parents/carers (or siblings, aunties, uncles or grandparents!) who can help us with our careers provision through the upcoming academic year.

We arrange a number of activities for the students, from careers talks to interview skills day and we are always keen to include our students' families in what we do.

If you are interested in signing up to help us through the year then please complete the following form.

Careers volunteer sign up

If you have any questions you can contact me on choekstra@sandhurstschool.org.uk

Many thanks

Mrs C Hoekstra





SCHOOL NURSE DROP IN SESSIONS

Week B, Thursday Lunch in the SLC Reflection Room

- Bullying
- Emotional Wellbeing
- Stress & Anxieties
- Friendships
- Mental Health
- Drugs & Alcohol
- Smoking & Vaping
- Sex & Relationships

Its OK to ask for Help;

School Nurses are able to offer confidential advise and support should you need it. The Nurse is able to speak to you regarding any concerns you may have about your health.

If you are unable to attend the dropin sessions, please speak to either your Head Of House or the Pastoral Office.

The School Nursing Service also offers drop in sessions or advice and guidance on healthier lifestyles!









PROSPECT IN THE COMMUNITY

Here at Prospect, we don't just sell and let homes in the local area; we are local people ourselves and love being a part of the local community. That is why we set up the Prospect Foundation to give back to the amazing community that has given us so much over the years.

In the spirit of giving back to our community, we are also reintroducing our school donations this year. When you sell with Prospect, we will donate £250 of your selling fee to a local school of your choice.







supporting





- Join our weekly lottery from just £1 a week
- It's an easy way to support our school and help raise funds
- 40% of ticket sales come back to us
- There's a guaranteed winner every week as well as the chance to win £25,000
- It's easy to sign up online so start supporting our school today!



Support school today Just £I per week

40% to your school

£25,000 jackpot!

Cash prizes every week



How it works

It's simple - choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes with a jackpot prize of up to £25,000! One of our supporters will win a cash prize every week. Tickets cost just £1 per ticket per week and 40% of all ticket sales are donated to your school.

Draws are conducted every Saturday at 8pm and results are posted online. Winners will be notified via email and the winnings will be paid straight into an account of their choosing.

The easiest and quickest way to join our lottery is online where you can set up your payment either by direct debit or one off payment card. Alternatively, set up can be done over the phone using the contact details below.

It's so easy to join and you could make a real difference to your school.

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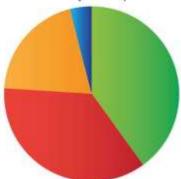
The maths...

100 tickets sold means

- = £30 a week cash prize
- = £2.080 a year for your school

Where does your money go?

Tickets cost just £1 per week



- 40p goes directly to your school
- 36p goes towards lottery winner's cash prizes
- 20p goes towards lottery administrative costs
- 4p for VAT

BUY TICKETS ONLINE TODAY

www.YourSchoolLottery.co.uk/play



support@yourschoollottery.co.uk



01865 582 828

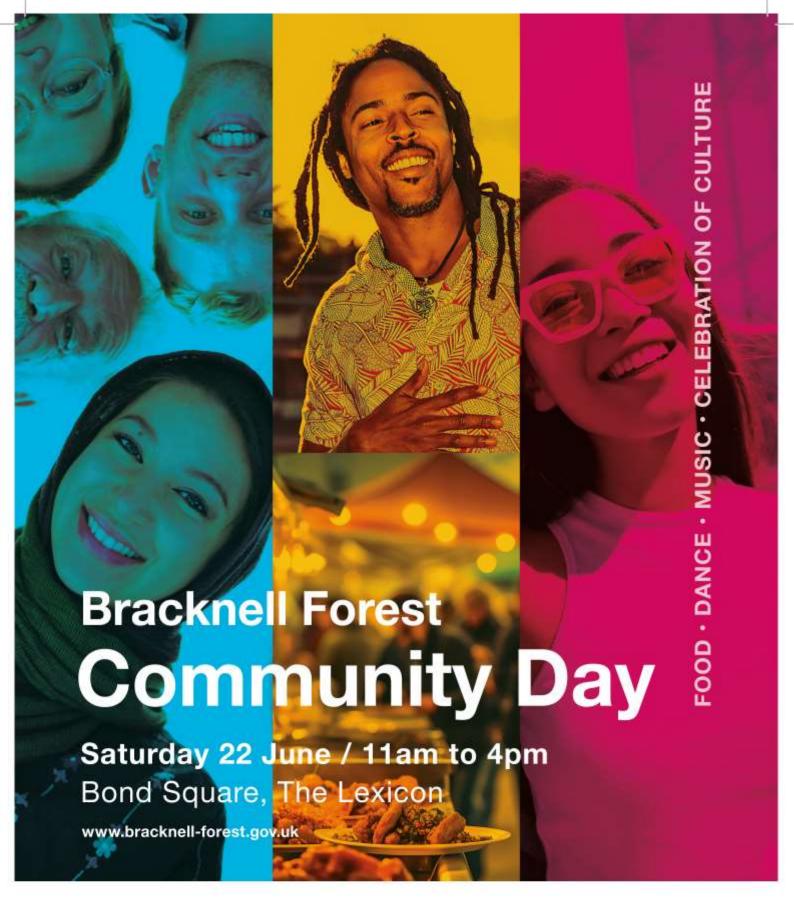
Charity Football Match in aid of The Royal Marsden Cancer Charity

Courtney Hector who used to attend Sandhurst, sadly passed in December 2022 from a terminal brain tumour at the age of 19.

A foundation in her name - Courtney's Team Marsden Foundation has been set up and it is an umbrella of The Royal Marsden Cancer Charity where she was treated

We are holding a football match and fun day on Sunday 21st July at Ascot United Football Club, please see the flyer below to book tickets.







Join us to celebrate the different cultures from across our borough. There will be a variety of food stalls and live music acts, including reggae from Matthew Allman, plus performances from X852 and Victorious Assembly.













EARLY BIRD TICKETS: £20.00 (£27.50 AFTER 1 JUNE)

LIVE MUSIC | DJ | BAR | FOOD VENDORS

GO TO www.berksyfc.org.uk FOR FULL INFO



Supporting Your Children Workshops

To book a space please email your full name to Inge.Taylor@bracknell-forest.gov.uk

These sessions are universal (not specific for SEND) and for adults supporting children **not** the children themselves so **please arrange childcare if needed**

Each course is a standalone 2-hour session - please be aware that spaces are offered on a first come first served basis and parents should not just turn up

Once you have completed an enrolment form your space will be confirmed

Please only book onto the sessions if you are going to be able to attend to avoid other parents missing out on the opportunity to have a place or let me know if you can no longer attend.

Helping children to overcome anxious thoughts and worries.

A 2-hour session looking at:

- What happens when children become anxious?
- Impact current events have had on children's mental health.
- Techniques for helping children deal with their fears / worries.



Managing Behaviour in a Positive Way

A 2-hour session looking at:

- Gain insight into your parenting style / relationship with your child.
- Learn or revisit positive ways of managing behaviour!
- Strategies to deal with unacceptable behaviours.

Thursday 20th June 2024

@ Bracknell Open Learning Centre

Supporting Children to get a Healthy Night's Sleep

A 2-hour session looking at:

- The different sleep issues facing our families.
- Tips on how to get a good night's sleep.
- Help children develop good sleeping habits.

Tuesday 11th June 2024

@ Bracknell Open Learning Centre

6.30 – 8.30 pm

Anxiety

Parenting pre / early-teens in a Positive Way (aged 10 - 13)

A 2-hour session looking at:

- Gain insight into the impact of your parenting style!
- Positive techniques for managing older children's behaviour.
- · Boosting your relationship and communication with your child.

Please let me know if you would like to go on the waiting list for future sessions

Encouraging Resilience - Keep Calm and Bounce Back

A 2-hour session looking at:

- How to build natural resilience.
- Encouraging positive social skills.
- Encouraging children out of their comfort zone and not to give up.

Thursday 6th June 2024

@ Bracknell Open Learning Centre

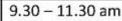
RESUDICE - the process of herding strong and recovering from tourne or adversity.

9.30 - 11.30 am











Reducing Sibling Rivalry

A 2-hour session looking at:

- Encouraging a more harmonious sibling relationship
- Learn / revisit techniques for children to cope with being a sibling.
- Boosting children's emotional literacy

Tuesday 25th June 2024

@ Bracknell Open Learning Centre



 $6.30 - 8.30 \, \text{pm}$

Single Parent, Separated and Blended families – supporting children to cope with different family dynamics.

A 2-hour session looking at:

- Different family dynamics and how they can work.
- Parental conflict resolutions
- Being the best parent that you can be for your child

Wednesday 26th June 2024

@ Bracknell Open Learning Centre



 $6.30 - 8.30 \, \text{pm}$

Supporting a smooth secondary school Transition (YR 5/6 parents)

A 2-hour session looking at:

- What the transition involves
- The positives and concerns of transitioning to a new setting

Boosting your child's ability to have a smooth transition	255
Thursday 23 rd May 2024	6.30 – 8.30 pm
@ Bracknell Open Learning Centre	
Wednesday 5 th June 2024	9.30 - 11.30 am

@ Bracknell Open Learning Centre



beyond A 2-hour session looking at:

What's involved in transition from reception to year 1.

Supporting a smooth transition from Year R to Year 1 and

- The best ways to support the transition.
- Boosting your child's resilience to cope with the change

Please let me know if you would like to go on the waiting list for future sessions



SOUTH HILL PARK, BRACKNELL, RG12 7PA

Raise money for YOUR charity – every penny YOU raise goes to the charity of YOUR choice

The Rotary Club of Easthampstead invites you to take part in the Bracknell Together Walk 2024

A fun walk of 5, 7.5 or 10 kms in and around the beautiful grounds of South Hill Park and Swinley Forest - you choose the distance that's right for you. A family event suitable for all ages & abilities (with wheelchair friendly paths)

Save time on the day, register NOW online at www.bracknelltogetherwalk.org

Entry is FREE for all accompanied children under 14

You can boost your charity fundraising with £1,000 cash prizes from Rotary

We thank Duncan Yeardley Estate Agents, Peas and Carrots Ltd and the Village Hotel Bracknell for their support

Start anytime between 9 am & 12 noon

Finish your walk anytime up to 2 pm



Welcome pack & finishing certificate

for every participant

Hot & cold food & drinks served all day



Community Map

Activities for all ages to help you stay healthy and well.







bfcommunitymap.commonplace.is





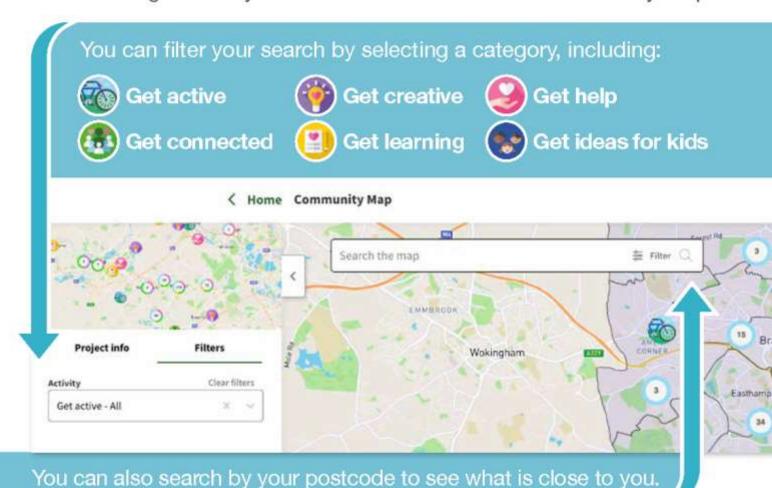


My Community Map



Find out what is happening in your area. There is a wide range of local activities, groups and societies across the borough that can help to support your health and wellbeing.

Whether you are interested in sports, crafts or playing games, there is something for everyone on the Bracknell Forest Community Map.



Can't find what you are looking for?

Request a call back from one of our friendly social prescribers on **01344 325 000**, or scan the QR code to make a referral.



Visit health.bracknell-forest.gov.uk and click on 'Community Map'.







Bracknell Forest

VOLUNTEERS NEEDED

Volunteer to help

change a child's future

Learn new transferable skills

Gain experience & confidence

01344 860025

Feel a sense of fulfilment

Discover personal growth

Make a difference



Starts June 2024









ABOUT STEPPING STONES

The Stepping Stones programme promotes positive mental health and provides regular opportunities for young people to use creativity to build emotional resilience. The high-quality programmes are delivered by professional artists and held in Hampshire Cultural Trust venues. Joining the programme will boost confidence, communication and social skills. It is fun, can make you feel great and is a great way to meet other young people in a safe and supportive space.

WHAT'S INVOLVED IN THE PROGRAMME

In this hands-on, outdoor experience, participants will join award-winning garden designer and social media influencer Leigh Johnstone, aka The Beardy Gardener, to learn about various aspects of gardening, such as planting, nurturing and harvesting, to help transform the garden at Aldershot Military Museum into a space of calm and tranquility. Young people can expect to get dirty as each session is practical, from sowing seeds to making their own compost!



HOW TO GET INVOLVED

- To be eligible for this programme participants need to be aged 11 17 years.
- Bookings can be made for one-off sessions or multiple sessions in one go; we are also happy for a young person to attend one session during the Easter holidays and then decide if they want to attend future sessions.
- This programme is free of charge and all materials will be provided.



PROGRAMME LOCATION AND DATES

ALDERSHOT MILITARY MUSEUM

The programme will run during school holidays on the following dates:

Easter holidays

- Tuesday 2 April, 10:30am 12:30pm
- Thursday 4 April, 2:30pm 4:30pm
- Thursday 11 April, 2:30pm 4:30pm

May half term

- ① Thursday 30 May, 2:30pm 4:30pm

Summer holidays

- Tuesday 28 August, 10:30am 12:30pm

To register interest in any of these programmes, please scan the QR code or go to https://bit.ly/4b5Hz5K

Details are correct at the time of production, but may be subject to change.















SANDHURST FREEDOM MARCH



12.00pm Official opening of the event with Community Stalls & Food Vendors

1.30pm The Royal Military Academy will march down Yorktown Road

2.30pm The Parade and Inspection will take place on the Memorial Park

3.00pm Various Events in the Main Arena

5.30pm The evening performances begin on the Main Stage, featuring

Local Bands & Tribute Acts

The evening ends with a fabulous Firework display

Soccer Sphere

YOUR LOCAL BUBBLE FOOTBALL COMPANY!

OUR SERVICES

CHILDREN'S BIRTHDAY PARTIES
END OF SEASON TEAM PARTIES
FOOTBALL TOURNAMENTS
SCHOOL FETES
CORPORATE EVENTS
ADULT PARTIES





Contact us today
07803313955
soccersphere@yahoo.com





