



# Sandhurst Weekly News

Friday 12th July 2024

## Headteacher's Weekly Review

As I reflect on our penultimate week of the academic year. I am so grateful to all the staff who are working incredibly hard to create a great experience for our students. I would also like to thank all the students involved for making these events so enjoyable and working with us so brilliantly, it makes such a difference.

We started the week off by welcoming over 270 Year 5 students from our local schools. There was a really good atmosphere and I was massively impressed by the way the students threw themselves into all the activities. I would like to thank Mr Bronkhorst and all the staff involved for pulling this day together.

Sandhurst School hosted the Bracknell Forest Secondary Climate Conference this week. The event was run by SEed Sustainability and Environmental Education ([www.se-ed.org.uk](http://www.se-ed.org.uk)). We were joined by six other secondary schools and a number of local councillors and environmental organisations. It was a fantastic day which will lead to positive change I'm sure. I was particularly proud to hear how well our students represented the school.

I would like to thank Mr Lovejoy and his team for putting on a spectacular show on Thursday night. The Performing Arts Summer Showcase was fantastic and it was wonderful to see so much talent on display. It was also great to see so many Year 7 students performing as this suggests that performing arts will remain strong going forward. With any luck, we will have cleaned up all the gold stars and confetti before September!

I would like to congratulate all of the students that represented us at the Corvus Learning Trust Spelling Bee today. This is the first time this event has taken place and I am very proud to say we came 2nd place. Well done to Conner - 9R1, Martha - 9R1, Lily - 7B2 and Eleanor - 7G2.

Today I experienced a Sandhurst School sports day for the first time and it was fantastic. There was such a great atmosphere all day. It was a real team effort. I would like to thank the PE department in particular for not just organising today but also all of the prelim events that have been happening after school. Congratulations to this year's WINNERS - Young House!

**It's not too late to join us tomorrow for Make a Difference Day between 9.00am - 12.30pm.** We will be focusing on the Maths department and all volunteers are very welcome. If you are able to help, whether for an hour or the full morning please let Miss Read know by emailing [cread@sandhurstschool.org.uk](mailto:cread@sandhurstschool.org.uk) or just feel free to turn up!

Mr G Croxon  
Headteacher



# Headteacher's Award

Friday 12th July 2024

**The winner of this week's Headteacher's Award are:**

Lily Bruce - 7B2

Connor Cattermole - 9R1

Eleanor Shepherd-Mogensen - 7G2

Martha Tims - 9R1

Isabella Ayara-Ekpe 7B1

Shaan Boparai 7B1

Lily Bruce 7B2

Cameron Chaplin 7R2

Conner Cattermole 9R1

Poppy Flynn 7Y1

Dexter Gardner 7R2

Alice Gurung 10Y1

Rowan Handford 10R2

Rosie Harris 7G1

Jess Harvey 7B2

Summer Inions 7G2

Sara Ipe 7B1

Simran Jandu 7R2

Owen Kershaw 8Y1

Myrkelle Lubin 10G1

George Moran 7G1

Caelan Pearce 10R2

Nayer Rai 10R1

Saima Rai 10R1

Alex Reay 7R2

Eddie Reay 7R1

Oliver Robson 7G2

Eleanor Shepherd-Morgensen 7G2

Max Shuttleworth 7Y1

Alec Spence 7Y1

Evie-Mae Taylor 7Y2

Martha Tims 9R1

Hannah Tomlin 10G2

Arianna Triambulo 10R2

Zak Wills 7B2

Roxanne Wyatt 8R1

Lewis Yates 8Y1



# Save the Date!

Year 6 Presentation Evening for Parents  
Thursday 19th September 2024

Open Evening  
Thursday 26th September 2024 6-8 pm

Year 6 tours (by appointment only,  
bookings open in September 2024)

1st October 2024

2nd October 2024

3rd October 2024

More details to follow

[sandhurstschool.org.uk](http://sandhurstschool.org.uk)





# 2024

## DATES FOR YOUR DIARY

Saturday 13th July	Make a Difference Day (9:00am to 12:30pm)
Friday 19th July	End of Term (School finishes early - to be confirmed)
Summer Holidays (Monday 22nd July to Friday 30th August)	
Monday 2nd September	INSET Day
Tuesday 3rd September	INSET Day
Wednesday 4th September	Students Return



### ONLINE PAYMENTS

Please note that the online payment system will be taken down for maintenance from Midday Thursday 29th August until Tuesday 3rd September.

Apologies for any inconvenience this may cause.



Please ensure your child brings a water bottle to school, especially with the warmer weather.

There are water fountains in the courtyard and canteen.

Please refill the bottles during break and lunchtime not during lessons.



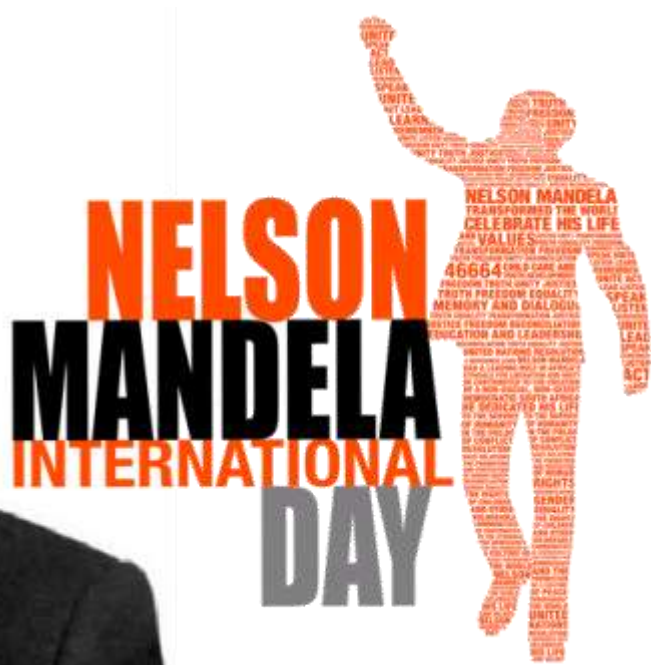
## 18th July - Nelson Mandela International Day

Nelson Mandela International Day, celebrated annually on July 18th, commemorates the extraordinary life and legacy of Nelson Mandela, the iconic South African leader and Nobel Peace Prize laureate.

This day serves as a global call to action to honour Mandela's commitment to social justice, reconciliation, and equality. Mandela dedicated his life to fighting against apartheid and advocating for human rights, democracy, and peace.

Nelson Mandela International Day encourages individuals worldwide to emulate Mandela's values by promoting positive change in their communities through acts of service, volunteerism, and activism.

It is a day to reflect on Mandela's contributions to humanity and to inspire individuals to make a difference in their societies, fostering a culture of compassion, solidarity, and respect for all.



# Pastoral



Congratulations to the following Year 7 students, Jamie, Anusriya and Dominic for being awarded more than 400 house points and being able to claim a £10 Amazon voucher, presented here by Mrs C Richardson, Head of Year.



# Pastoral



Congratulations to the Holly and Lola for being awarded more than 400 house points and being able to claim a £10 Amazon voucher, presented here by Mrs N Lovejoy, Senior Pastoral Lead.



# Pastoral



Last week, we were delighted to hear one of our Year 8 students Ryan Lewendon was awarded the Chief Scout's Gold Award. In order to achieve this, you must complete an extremely long list of challenges and activities. The focus of these ranges from Teamwork, leadership and creativity.

It is fantastic to hear of our students achievements outside of school so that we can celebrate them and show what great ambassadors they are for our school.

Mr Ryan Houston  
Head of Year 8





From an empty patch of soil a school has risen!

Five years ago we developed a dream to build an education centre for children in the district of Bugesera, Rwanda. This district was ripped apart during the 1994 Genocide against the Tutsi and saw some of the most brutal murders on an industrial scale. It was my dream to build a centre where all children, both Hutu and Tutsi, could come together to learn, play and laugh. Perhaps through sharing such magical, educational experiences, those beautiful innocent children can grow together in love, mutual respect and tolerance, helping to ensure that Rwanda never again descends into the hell of ethnic hatred and division.

As a teacher I truly believe that education has the ability to transform life chances, and even more so in Africa. Education gives the chance of a route out of poverty and the hope of a brighter future. The hundreds of children who have been regularly attending the Philly's Place education centre, until now operating from a temporary, rented building, are testament to the hunger for education in Rwanda. In addition to the regular programmes in English, Maths, Science, Technology, Art, Drama, Music, sport and dance, Philly's Place offers the opportunity for children to play with toys, for children who have such challenging lives to just enjoy being children for once.





The temporary, rented site we have inhabited for four years is completely unfit for purpose, leading me to dare to dream that one day we might be able to open our own, purpose-built centre which can safely accommodate every single child who wants to attend, completely free of charge of course! The past four years, whilst we have been building the new Philly's Place centre, have been fraught with set backs and frustration. Nothing could have been achieved without the support of the amazing NGO Survivors Fund (SURF) who have devoted so much time, effort and expertise to managing the project from start to finish. It has been a privilege to work with them.

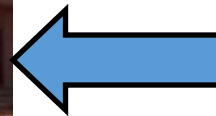
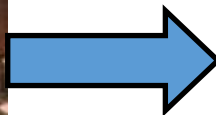
The entire centre has cost approximately £110,000 and has been made possible by an initial donation from the estate of the late Mr Whyman. The construction of the site has since been supported by Sandhurst School and many individual donors who have shown such loyalty and belief in what we are trying to achieve. Many donors have wanted to remain anonymous but please know how enormously grateful we are for everything you have done to help this dream become a reality.

At the beginning of 2024 we were left to find the final £20,000 to finish the construction and be finally able to open our doors, but this has been frustratingly elusive to raise.





But then the congregation of St Michael's Church has stepped in!! This wonderful congregation has donated the final sum required to finish the building, which has risen from an empty patch of soil to a wonderful purpose-built, beautiful centre :



It is hoped that we will finish construction in August/ September, be able to close down the temporary centre for good, and welcome more than 1,000 children to our amazing new place.

From the bottom of my heart I would like to thank the St Michael's congregation and every donor who has made Philly's Place a possibility. Your financial support, as well as incredibly kind words of encouragement, have made the dream of Philly's Place come to fruition! Because of you, countless children will have that precious chance to learn, to play, to have fun, and to enjoy one another's company. The words "thank you" cannot adequately express the depth of gratitude I feel for what you have done for me personally and for each and every one of the Philly's Place children. Please know, however, that my gratitude is truly heartfelt and unending. Thank you for making such an enormous difference in my life and in the lives of so many children in Rwanda.

Sam Hunt MBE



## Summers Day Article

This week in English, in an attempt to brighten up the weather, I challenged all year groups to write their best descriptions of the perfect summer day. Below are some extracts of some brilliant writing from some of our amazing students:

Vibrant, bustling, exuberant quantities of people clad in glamorous colourations consisting of various blues, crimson reds, fluorescent pinks and even more beyond the eye. Every each one of them glistening in the radiant cascading sunlight from above the skies, barren of overcasting clouds. The hedges across boasted their magnificence - perfected shapes and cut structures bringing attraction to everyone around, the nature was a beauty completely unforeseen with every detail impeccable and untouched. All of these descended into the main attraction, the grandiloquent body of water glistening in sapphire ecstasy as the tranquil current moved in a composed manner throughout.

Sudharsan Gurung, Year 9

The brilliant beams of dazzling sunlight danced around the glade casting a myriad of golden rays like bioluminescent insects grinning in their glorious, radiant glow and reflecting the joy on the faces of those below. The scent of summer tinges my nose as I leisurely stroll down the videscent path. The lustrous wildflowers combined with the mild freshness of young trees disseminated filling all those that got a whiff with excessive happiness at the heavenly aroma. This gorgeous odour immediately added extreme levels of aura onto all it encountered.

The green grass tickled my tantalising toes as I brushed past its beautiful blades glistening with dew and swaying with the gentle breeze.

Tobias Richardson, Year 9

Balmy rays of light beat down onto the soft green grass, now smothered in the warmth of the sun. The clear water of the lake reflected the cloudless, cerulean blue sky as children splashed around, playing and giggling. Fine grains of sand merged with the crystal water, creating a murky, clouded concoction as the children kicked it up. Various vibrant colours of floats coated the rippled surface of the lake, covering it in colourful, bright dots of colour like specks of paint flicked upon a canvas. Crowds of happily chatting people surrounded the lake, laughing among one another as their kids chased each other in circles around them. Everyone was happy, mellow and carefree as they soaked up the warm rays of the summer sun. The encircling trees rustled gently in the subtle breeze, green leaves cascading down to the ground below. They feel like paper, yet shine like glass.

Elsbeth Brooker, Year 9

# ENGLISH



Twisting rays of candescent, golden sunlight pierce the soft clouds hanging in the sky and leave the lake of the memorial park a shimmering, aquamarine pool. Children run on well-maintained sand paths towards a flock of swans beside the water as parents mill about the grounds. Tall hedges cut into geometrical shapes stand tall and proud, like soldiers on parade, to the north of the lake, a dense ever-green forest can be seen vaguely in the distance. The tips of these ancient and mighty trees seem to dip into the hazy patches of clouds hovering above them.

Nestled behind the trim and grand gardens sits the manor house of the grounds. House is a word that unquestionably fell short of describing the establishment. Built in the style of the renaissance era, two paths extended towards the palace, with an immense marble water fountain between them. Tall and squared in build, extravagant balconies and georgian-era windows line all of the four stories. An immense set of cherry wood doors stand at the summit of a flight of marble stairs leading up to the chateau.

Jarell McGarry, Year 8

Summer came fast this year, just a couple months ago the now-blue sky was painted with a suffocating depressive grey colour, while rain smothered the window pains, with an ever so slight tapping sound. But today, a warm comforting glow beams down, illuminating everything the eye could see, and bustling loud groups of people gathered around the olive-coloured gardens. Flowers were blooming, emitting crimson reds, welcoming yellows, and navy blue petals, as well as this they shared a pleasant aroma, drifting on the subtle breeze that seemed to dance throughout the various shrubs and greenery located all about the park.

Autumn Wilson, Year 8

As I walked into paradise, all my troubles flew away as if in this land anything and everything was possible. The place was scattered with people and there was barely a cloud in sight. Happiness was inevitable here, not a care in the world. Everyone was having the time of their lives. Everyone is rushing about trying to rush to what they want to do next. Only when you are here, do you know what happens. This is where time flies and it feels like it will never end, only then does this breath-taking world make sense. As the towering trees enclosed us making us safe from all wrong in the world. Kept outside this magnificent establishment.

Packed with people is not a problem at all. There are acres of land and free space for us to just be free from whatever demons we feel in the real world. Here is not the real world, this is what dreamland looks like. Whenever you stop in this place to realise where you are and how amazing and unreal this place is, then you know that forever long you're there, this is dreaming into reality. The blue sky beaming up above me shows no other weather will dampen our spirits or our clothes. This day was not the warmest but that does not by any counts mean that this was not happiness.

Ben Rowell, Year 8

# ENGLISH



Metal intertwined together to form a barricade, the clear water tinkling out of the fountain shimmering like a crystal. Kids laughing some, crying lounging around on the thin blades of grass. Swans gracefully cut through the pond water like a kite in the wind bread strewn around them, the sun creating golden beads of light arching above everyone; the trees were a safe haven for those a bit too hot in the blazing summer's day.

Charlie Horton, Year 7

The day had started lovely, the sun was gleaming down on the sumptuous green grass and the people in their vibrant coloured clothes which blinded you if you looked at it for too long. Young children splashed around in the lustrous blue lake full of lush green lily pads as parents sat around having coffee on their eye-catching deck chairs. As people with their dogs walked past and other people stopped to say hello to the dogs, all of a sudden the water fountain erupted in a huge explosion of water and made everyone leap into the air.

Sebastien Comley, Year 7

It is finally time, summer has made its entrance and now it is a beautiful day with luminescent rays beaming down, glazing with calefaction on the radiant greenlands. As the children scatter about, the lake shimmers like a precious opal reflecting everyone's joviality. Flocks of swans glide around the glimmering waters meandering through the flaxen sun.

Embedded in the dense forest, seagulls camp in the intertwined branches waiting for an opportunity to snatch food from innocent children considering it is the golden hour of a peaceful picnic. But as the day goes on flocks of seagulls can start to become maddening with scents of scrumptious barbeque wafting through the air. Attracting the ravenous gulls ; creating a massive haven for flocks to steal loads of food

Jose Bunefafe, Year 7

Mr R Houston  
English Teacher





## Spelling Bee Competition at Edgbarrow School

On Friday 12th July, four Sandhurst students competed in the inaugural Corvus Trust Spelling Bee competition. We are very proud of Conner, Martha, Lily and Eleanor who came second place overall.

The competition was great fun mixed with tension and drama, as extra rounds of unseen words were tackled. Our students showed huge team spirit and courage, getting up in front of everyone and spelling some interesting and testing words.

They are all real ambassadors for the school and we are so proud of them.

Mrs C Mesley  
School Librarian





# DESIGN & TECHNOLOGY Matters

## Warner Bros Studio Tour London – The Making of Harry Potter

Earlier this week, a magical adventure awaited 165 Year 7 students as they embarked on a journey to Warner Bros Studio Tour London – The Making of Harry Potter. This educational trip was not just about reliving the enchanting scenes from the beloved Harry Potter series but also delving into the fascinating world behind the scenes. The highlight of the visit was a behind the scenes lesson to learn about the role of a Foley Artist, providing the students with a unique glimpse into the art of sound creation in film.

The lesson kicked off with a brief history of foley art and its importance in bringing films to life. The students watched clips of the Foley Artist demonstrating how ordinary objects can produce extraordinary sounds. The simple act of bacon sizzling in a pan was used to recreate the sound of rain.

Hands-on activities were the highlight of the lesson. The students worked in groups to try their hand at creating sounds for a scene from a range of Harry Potter films. The room was filled with laughter and amazement as they discovered the surprising techniques used to generate familiar sounds.

Following the lesson, the students explored the rest of the studio, visiting iconic sets and learning more about the production process of the Harry Potter films. They marvelled at the intricate details of the costumes, props, and special effects that brought J.K. Rowling's world to life.

The visit to Warner Bros Studio was more than just a visit to a film set; it was an immersive educational experience that combined the magic of storytelling with the art of sound creation.

Mrs C Jackson-Jones

Design and Technology - Subject Leader



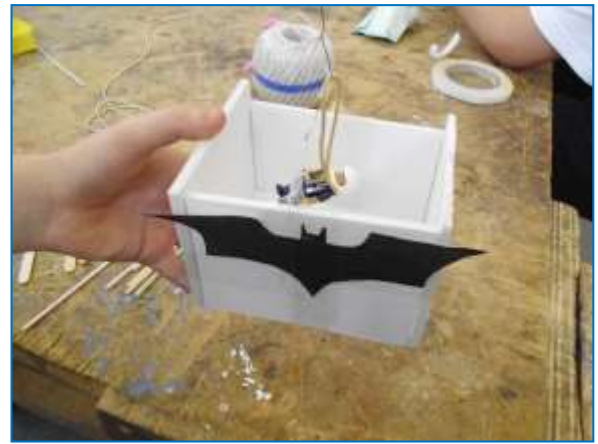


# DESIGN & TECHNOLOGY Matters

In our last Tech Club of the year we had fun designing cable cars and chairlifts to get our lego-men down from Mount Everest to Base Camp. We used all sorts of resources from paperclips to pipe-cleaners to foam-board. We timed our vehicles and Alex and Saanvi had the quickest times with Reuben doing really well too.

Congratulations guys and have a lovely summer!

Mrs S Rook and Miss H Barclay



## Food Preparation & Nutrition



Year 10 Food Preparation and Nutrition students prepared and cooked a range of sweet and savoury dishes then sat down together for a lovely afternoon tea.

Mrs C Jackson-Jones



# ART & Photography



Year 7 and 8 recently took part in an Art Competition—please find the winning pieces of work below:

Mrs J Sutton  
Art Subject Leader



William, Year 7



Abigail, Year 7



Indie, Year 7



Cyresse, Year 7



Esme, Year 7



Charlotte, Year 7



Jayden, Year 7

# ART & Photography



Year 7 and 8 recently took part in an Art Competition—please find the winning pieces of work below:

Mrs J Sutton  
Art Subject Leader



Harrison, Year 8



Maya, Year 8



Alianna, Year 8



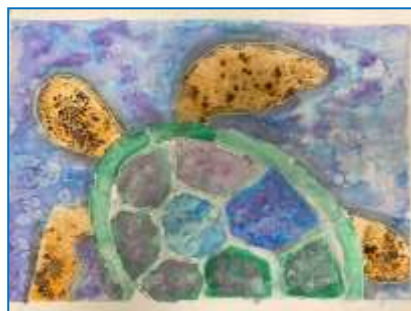
Szonja, Year 8



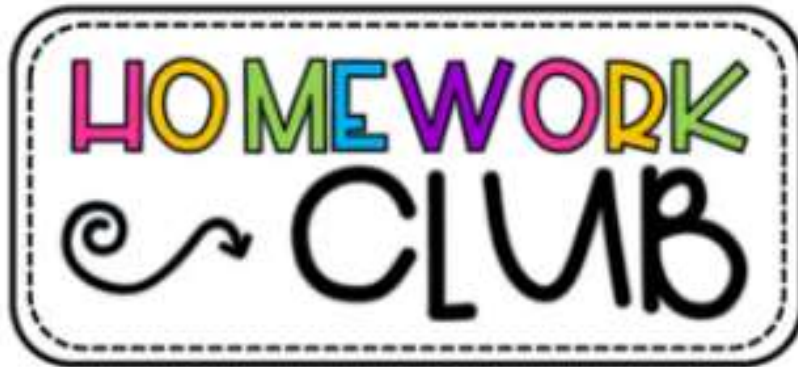
Jessica, Year 8



Jessikah, Year 8



Abi, Year 8



**Monday to Thursday**  
**3:00 - 4:00pm in PC4**

*All are Welcome*

### PE Clubs Summer 2024

Clubs run from 3:10pm to 4:00pm.

	Monday	Tuesday	Wednesday	Thursday	Friday
After School	<b>Rounders</b> – all years Mrs Evans Miss Heighes	<b>Athletics</b> - all years Mr King Mrs Evans Mr Proctor-Searle Mrs Davis Miss Heighes	<b>Cricket</b> - year 7 Mr Martin  <b>Cricket</b> - year 8, 9, 10 Mr Proctor-Searle  <b>Tennis</b> - all years Mr King		

For the majority of the PE clubs students can just turn up and participate. They should arrive at the PE changing rooms with their kit and they will be signed in by one of the PE staff. They do not need to register in advance.

# ATTENDANCE REPORTING GUIDE

## What **YOU** must do:

Report your child's absence before 8.30am each day of their absence via the **STUDYBUGS** app, email [attendance@sandhurstschool.org.uk](mailto:attendance@sandhurstschool.org.uk) or telephone the attendance office on 01344 775678.

Tell us in advance of any medical appointments and provide appointment cards, letters or screenshot of text .

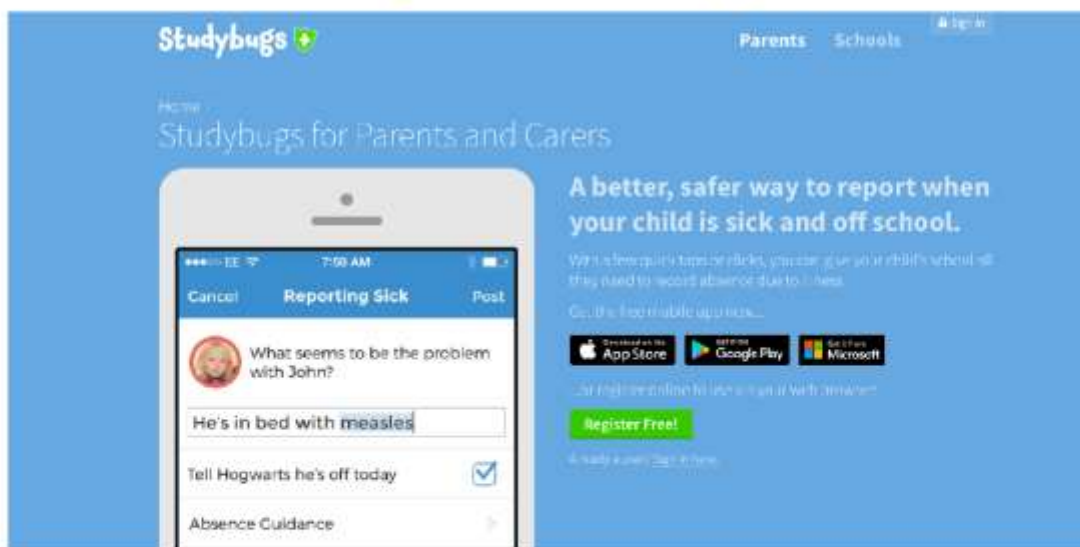
## What **WE** will do:

Check you child absence every day.

Contact you to discuss your child's attendance.

Invite you into school for an attendance meeting if we are concerned.

**If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!**



## SCHOOL NURSE DROP IN SESSIONS

## Week B, Thursday Lunch in the SLC Reflection Room

- Bullying
- Emotional Well-being
- Stress & Anxieties
- Friendships
- Mental Health
- Drugs & Alcohol
- Smoking & Vaping
- Sex & Relationships

Its OK to ask for Help;

School Nurses are able to offer confidential advice and support should you need it. The Nurse is able to speak to you regarding any concerns you may have about your health.

**If you are unable to attend the drop-in sessions, please speak to either your Head Of House or the Pastoral Office.**

**The School Nursing Service also offers drop in sessions or advice and guidance on healthier lifestyles!**



# PROSPECT IN THE COMMUNITY

Here at Prospect, we don't just sell and let homes in the local area; we are local people ourselves and love being a part of the local community. That is why we set up the Prospect Foundation to give back to the amazing community that has given us so much over the years.

In the spirit of giving back to our community, we are also reintroducing our school donations this year. When you sell with Prospect, we will donate £250 of your selling fee to a local school of your choice.





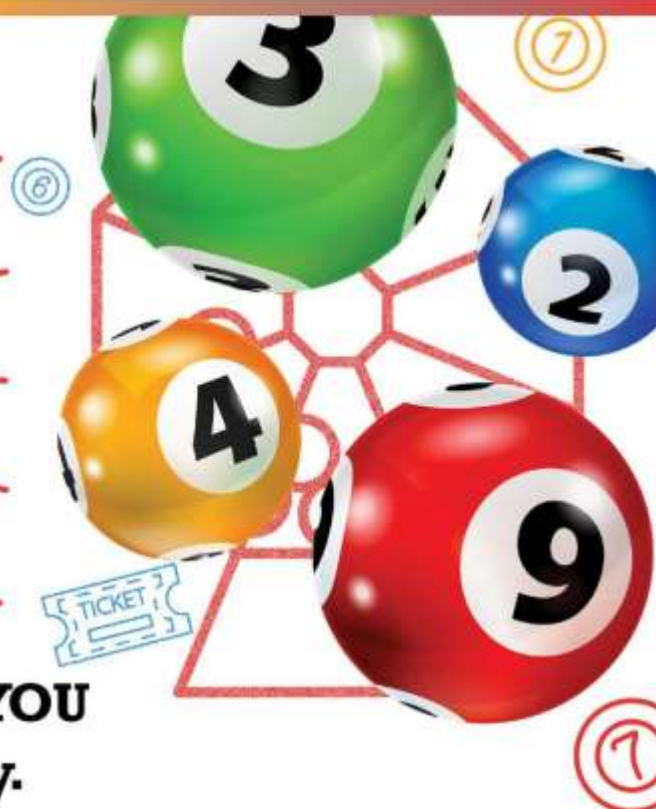
supporting



**Sandhurst School**  
the opportunity to succeed

# BOOST FUNDS FOR OUR SCHOOL JOIN OUR LOTTERY

**It's the easiest way for YOU  
to HELP US raise money.**



- Join our weekly lottery from just £1 a week
- It's an easy way to support our school and help raise funds
- 40% of ticket sales come back to us
- There's a guaranteed winner every week as well as the chance to win £25,000
- It's easy to sign up online so start supporting our school today!



**Support  
your  
school  
today!**

**Just £1 per week**

**40% to your school**

**£25,000 jackpot!**

**Cash prizes every week**

**your  
school  
lottery**

### How it works

It's simple - choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes with a **jackpot prize of up to £25,000!** One of our supporters will win a cash prize every week. Tickets cost just £1 per ticket per week and 40% of all ticket sales are donated to your school.

Draws are conducted every Saturday at 8pm and results are posted online. Winners will be notified via email and the winnings will be paid straight into an account of their choosing.

The easiest and quickest way to join our lottery is online where you can set up your payment either by direct debit or one off payment card. Alternatively, set up can be done over the phone using the contact details below.

**It's so easy to join and you could make a real difference to your school.**

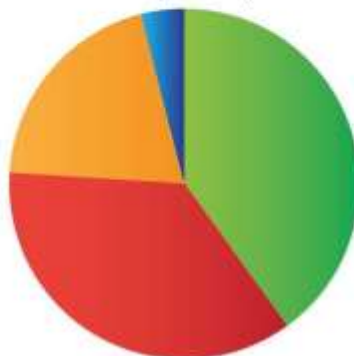


### The maths...

100 tickets sold means  
= **£30** a week cash prize  
= **£2,080** a year for your school

### Where does your money go?

Tickets cost just £1 per week



- 40p** goes directly to your school
- 36p** goes towards lottery winner's cash prizes
- 20p** goes towards lottery administrative costs
- 4p** for VAT

**BUY TICKETS ONLINE TODAY**

[www.YourSchoolLottery.co.uk/play](http://www.YourSchoolLottery.co.uk/play)

✉ [support@yourschoollottery.co.uk](mailto:support@yourschoollottery.co.uk)

☎ 01865 582 828

# CHILDREN'S STORY WORKSHOP

JOIN FABULOUS CHILDREN'S AUTHOR JULIE  
PIKE AT BRACKNELL LIBRARY FOR AN  
EXCITING WORKSHOP!

COME AND HEAR ABOUT HER STORIES OF  
MAGIC, ADVENTURE AND FRIENDSHIP, AND  
HELP HER INVENT A NEW FANTASTICAL,  
MYTHICAL CREATURE.

SATURDAY 20TH JULY

10.30 – 11.30

OPEN TO 7 TO 11 YEAR OLDS.

TO BOOK CALL BRACKNELL LIBRARY  
01344 423149



Free  
Entry

# Bracknell Book Fair

Saturday 20 July 2024  
10am - 4pm

20+ authors | Book signings | Author talks | Cafe

Easthampstead Works  
Town Square  
Bracknell, RG12 1BH

Past Fenwicks,  
next to Bracknell Library

#BracknellBookFair



# Supporting Your Children Workshops

To book a space please email your full name to [Inge.Taylor@bracknell-forest.gov.uk](mailto:Inge.Taylor@bracknell-forest.gov.uk)

These sessions are universal (not specific for SEND) and for adults supporting **not** the children themselves so **please arrange childcare if needed**

Each course is a **standalone 2-hour session** - please be aware that spaces are offered on a **first come first served basis** and parents should not just turn up.

Once you have completed an enrolment form your space will be confirmed

Please only book onto the sessions if you are **going to be able to attend** to avoid other parents missing out on the opportunity to have a place or let me know if you can no longer attend.

## Helping children to overcome anxious thoughts and worries.

### A 2-hour session looking at:

- What happens when children become anxious?
- Impact current events have had on children's mental health.
- Techniques for helping children deal with their fears / worries.



Thursday 26<sup>th</sup> September 2024

@ Bracknell Open Learning Centre

6.30 – 8.30 pm

Monday 7<sup>th</sup> October 2024

@ Bracknell Open Learning Centre

9.30 – 11.30 am

## Managing Behaviour in a Positive Way

### A 2-hour session looking at:

- Gain insight into your parenting style / relationship with your child.
- Learn or revisit positive ways of managing behaviour!
- Strategies to deal with unacceptable behaviours.



Monday 16<sup>th</sup> September 2024

@ Bracknell Open Learning Centre

6.30 – 8.30 pm

Tuesday 5<sup>th</sup> November 2024

@ Bracknell Open Learning Centre

9.30 – 11.30 am

## Supporting Children to get a Healthy Night's Sleep

### A 2-hour session looking at:

- The different sleep issues facing our families.
- Tips on how to get a good night's sleep.
- Help children develop good sleeping habits.



Monday 9<sup>th</sup> September 2024

@ Bracknell Open Learning Centre

9.30 – 11.30 am

Thursday 17<sup>th</sup> October 2024

@ Bracknell Open Learning Centre

6.30 – 8.30 pm

## Parenting pre / early-teens in a Positive Way (aged 10 – 13)

### A 2-hour session looking at:

- Gain insight into the impact of your parenting style!
- Positive techniques for managing older children's behaviour.
- Boosting your relationship and communication with your child.



Wednesday 2<sup>nd</sup> October 2024

@ Bracknell Open Learning Centre

6.30 – 8.30 pm

## Encouraging Resilience – Keep Calm and Bounce Back

### A 2-hour session looking at:

- How to build your child's natural resilience.
- Encouraging your child's positive social skills.
- Encouraging children out of their comfort zone and not to give up.



Monday 30<sup>th</sup> September 2024

@ Bracknell Open Learning Centre

9.30 – 11.30 am

Wednesday 23 <sup>rd</sup> October 2024 @ Bracknell Open Learning Centre	6.30 – 8.30 pm
<b>Reducing Sibling Rivalry</b> <b>A 2-hour session looking at:</b> <ul style="list-style-type: none"> <li>Encouraging a more harmonious sibling relationship</li> <li>Learn / revisit techniques for children to cope with being a sibling.</li> <li>Boosting children's emotional literacy</li> </ul>	
Tuesday 17 <sup>th</sup> September 2024 @ Bracknell Open Learning Centre	6.30 – 8.30 pm
Thursday 7 <sup>th</sup> November 2024 @ Bracknell Open Learning Centre	9.30 – 11.30 am
<b>Single Parent, Separated and Blended families – supporting children to cope with different family dynamics.</b> <b>A 2-hour session looking at:</b> <ul style="list-style-type: none"> <li>Different family dynamics and how they can work.</li> <li>Parental conflict resolutions</li> <li>Being the best parent that you can be for your child</li> </ul>	
Tuesday 24 <sup>th</sup> September 2024 @ Bracknell Open Learning Centre	9.30 – 11.30 am
<b>Supporting a smooth secondary school Transition (YR 5/6 parents)</b> <b>A 2-hour session looking at:</b> <ul style="list-style-type: none"> <li>What the transition involves</li> <li>The positives and concerns of transitioning to a new setting</li> <li>Boosting your child's ability to have a smooth transition</li> </ul>	
Please let me know if you would like to go on the waiting list for future sessions	
<b>Supporting a smooth transition from Year R to Year 1 and beyond (not school specific)</b> <b>A 2-hour session looking at:</b> <ul style="list-style-type: none"> <li>What's involved in transition from reception to year 1.</li> <li>The best ways to support the transition.</li> <li>Boosting your child's resilience to cope with the change</li> </ul>	
Please let me know if you would like to go on the waiting list for future sessions	



***'If you have not already completed the recent parent survey to share your childcare needs, please take 5 minutes to do so, your feedback is vital in allowing the local authority to understand what working families need'?***

<https://www.bracknell-forest.gov.uk/consultations/early-years-and-childcare-needs-survey>





**Help us understand your childcare needs!**  
**Complete the survey now, have your say, we value your input!**  
[www.bracknell-forest.gov.uk/consultations/early-years-and-childcare-needs-survey](https://www.bracknell-forest.gov.uk/consultations/early-years-and-childcare-needs-survey)



# INSIGHT INTO UNIVERSITY



Thank you to our supporters:



## HELP STUDENTS DECIDE WHETHER UNIVERSITY IS THE ROUTE FOR THEM

Insight into University is a comprehensive virtual experience allowing students to explore STEM studies at university and the career opportunities that these subjects lead to. It provides access to information on student life, STEM projects and activities set by leading UK universities and global STEM companies, first year undergraduate lectures, live interactive sessions with academics, admissions tutors, employers and current students.

Whether young people are interested in life sciences, chemistry, biomedical, forensic science, robotics, food science, electronics, engineering, physics, computer science, sustainability, materials science, aerospace, built environment, tech or maths, we have something for them. With specially developed content and live sessions from universities including University of **Cambridge, Sheffield, Lancaster, Abertay, UCL, Oxford, Liverpool, Plymouth, Edinburgh, Birmingham, Warwick, Kingston, Nottingham, Strathclyde**. We will also have some fantastic workshops and careers guidance from organisations such as Innovate UK, GSK, GE, Tech Partnership, Rolls Royce and more.

The unique feature of this course is that students are able to access content from a diverse range of STEM subjects and will be able to tailor a course that suits their interest.

On successful completion of the course, which involves 30 hrs of study, students will receive a Silver Industrial Cadets award and be in a position to make a more informed decision for their UCAS application.



# INSIGHT INTO UNIVERSITY



## What our students say

*"I've absolutely loved every minute of this course. I found the live sessions in particular very inspiring and informative, and all of the taster lectures were both accessible and challenging. I'm really excited to continue with my STEM studies."*

*"This course absolutely helped me with my future education and career path. The way I was able to choose which activities or lectures I wanted to complete was undeniably useful as it meant I could tailor a course to suit me. This was a thoroughly enjoyable experience."*

*"I really enjoyed the course and feel much more confident in applying to university having done it. The live sessions were very interesting and I was blown away by the wide range of choice of sessions."*

*of students felt that the skills and knowledge that they gained from the course will have a positive impact on their future studies and career.*

**92%**

*of students felt confident or very confident in making their future study and career choices after completing the virtual experience.*

**86%**

## When is it?

The experience will run from **1st July until 23rd August 2024** and can be completed flexibly to fit around other commitments and study at a pace that suits individual circumstances.

## Who is it for?

The experience is open to all students age 16+ and is suitable for all abilities, with activities that cover different levels of advanced study.

All students need is a genuine interest in STEM and inquisitiveness about what the future can hold for them and how they can help get themselves there.

## How to apply?

Applications open on 4th March 2024. Visit our website <https://www.etrust.org.uk/insight-into-university> or scan the QR code to register your interest!

**Cost: £95**

Fully funded places are available if cost is a barrier, please indicate your interest on the application form



# Routes into STEM Virtual Experience

## 2023/24

Routes into STEM virtual experience provides an exciting opportunity to explore the various routes you can take towards your STEM career. This course is designed to enable young people to work through activities and projects at their own pace, tour a variety of institutions virtually and also have access to live career sessions and mentor panels with STEM employers.

### Who is it for?

- Students in **Year 9 or 10 / S3 or S4 / equivalent** who are interested in exploring a career in STEM (Science, Technology, Engineering and Maths)
- All you need is an interest in STEM and curiosity about the future. The course is open to all academic abilities

### What's involved?

- Approximately 20 hours of study virtually at a pace that suits you
- Exploring different Routes into a STEM career including College Courses, University Courses, and Apprenticeships and learning from industry what is involved in a STEM career as well as enhancing your skills
- Live interactive sessions over the half-term breaks, school holidays and after school, allowing you to listen and ask questions to STEM students and professionals
- Getting to work on a project set by a STEM company to look further at a career area that interests you

### What do you get out of it?

- Find out about different Routes into a STEM career from industry experts, college and university leaders, as well as young people who are currently on that path
- Engage in projects and activities that will enhance your problem-solving, critical thinking, creativity and innovation skills and inspire you to find career motivation. Projects include a Biopharm challenge from GSK, a Design challenge from Balfour Beatty, an RSC Chemistry challenge and many more exciting challenges in all areas of STEM.
- Create your own personalised action plan to see your own Route into STEM
- Learn about your career skills and how you could write about this in your CV/ Personal Statement or Application form
- Receive an Industrial Cadets Bronze Award showing all that you have achieved on the course

## When is it?

This experience runs from 2 October 2023 until 2 August 2024 **with live sessions running throughout the duration, over the half-term breaks, school holidays and after school**

## Cost

**£75**

If cost is a barrier, fully funded places are available, please indicate your interest on the application form

## How to apply?

To apply, please visit our website [here](#) or **scan the QR code!**



## What previous students have said

*"This experience has shown me just how varied STEM is. I know that I can have a career that suits me, no matter my academic merit or personal qualities. I've also heard a lot from people who study and work in STEM, and it has been inspiring and encouraging to hear about their positive experiences and ambitions for the future. Industrial Cadets has also taught me key skills such as problem-solving and communication, which I am eager to apply to my future education and career."*

*"I've always loved STEM things but I always worried about not being able to make it, but now getting a STEM career seems more achievable."*

*"Before, I was fixed on a regular plan to go into 6th form, go to you university, and move forward without looking for any non-linear pathway. Routes into STEM has shown me that many of those who end up in STEM careers have not pursued that linear pathway, and this has made me more open to options such as apprenticeships, which I had never considered previously"*

**94%** of students felt confident about making future career choices following their course

**99%** of students felt they know more about the STEM careers opportunities available to them

# NEW PLAYERS WANTED

## For 2024/25 Season



# Bracknell Rugby Club U13s

Going into School Year 8 in September 2024 and want a new sporting challenge?

Bracknell Rugby Club Under 13s are looking for new players to join the team for the upcoming season.

Whether you're an experienced player or brand new to the sport, all are welcome.

Join Berkshire's Junior Club of the Year for 2023/24!

**Try a training session for FREE!**



For more information contact -

**Clare Brumpton (Team Manager) on**

**07971 483878 or [cbrumpton1@gmail.com](mailto:cbrumpton1@gmail.com)**

## Adolescence

<https://www.eventbrite.co.uk/e/adolescence-tickets-887544949837?aff=oddttdtcreator>

***Hosted by The Autism Group:***

Understanding & responding to the challenges & changes for parenting & caring for autistic teenagers.

**AUTISM SUPPORT**

For parents & carers of secondary school aged children - Age 11 plus.

**Online:**

Tuesday 16th July 2024.  
10am - 12pm

## Autism Course - A 3-week course

<https://www.eventbrite.co.uk/e/autism-course-under-and-over-5s-berkshire-east-registration-923703049687?aff=oddttdtcreator>

***Hosted by Parenting Special children:***

**Session 1:** Introduction to Autism, what is Autism, Myths and facts & Assessment overview.

**Session 2:** Autism and Behaviour, becoming a detective, Sensory differences, Anxiety, Sleep.

**Session 3:** Autism and Building a Support Toolkit, Communication, Visuals and routines, Identifying and supporting emotions, De-escalation and low arousal.

**AUTISM SUPPORT**

For parents & carers of children up to the age of 18.

**Online:**

Wednesday 3rd, 10th and 17th July.  
7pm - 9pm



# PROMISE INCLUSION

## WHAT IS PROMISE INCLUSION'S FAMILY LIAISON SERVICE?

**SPECIFIC SUPPORT FOR CARERS OF THOSE WITH  
LEARNING DISABILITIES AND /OR AUTISM**

**EMOTIONAL SUPPORT**-IF YOU ARE IN CRISIS, UPSET OR JUST NEED TO TALK.

**SIGNPOSTING**-CONNECTING YOU WITH OTHER ORGANISATIONS AND  
PROFESSIONALS.

**FORM FILLING**-HELPING COMPLETE FORMS FOR  
BENEFITS/HOUSING/SUPPORT/SERVICES.

**MEETING SUPPORT**-ENSURING YOU GET ALL THE INFO YOU NEED FROM  
PROFESSIONAL MEETINGS

**We offer coffee mornings, evening groups, events,  
and trips for carers to take a break, socialise, and  
receive support from new friends who understand  
their situation.**

PHONE US: 0300 777 8539 EMAIL: [KELLY@PROMISEINCLUSION.ORG](mailto:KELLY@PROMISEINCLUSION.ORG)



**WOKINGHAM**  
CARERS  
PARTNERSHIP

# BOOK NOW



## uSports



**Camps Start at 9am**

Drop Off From 8:30am

5-12 Year Olds to 3pm

**£25** Per Day

4 Year Olds to 1pm

**£19.50** Per Day

# SUMMER

**DISCOUNTS AVAILABLE**

- 10% SIBLING DISCOUNT
- 20% HAF DISCOUNT
- MULTI-DAY DISCOUNT RATE



# SUMMER HOLIDAY SPORTS CAMPS

**VISIT OUR WEBSITE FOR...**

- BOOKINGS
- DAYS & DATES
- MORE VENUE DETAILS



**Over 250**  
Google Reviews

**Ofsted**  
Registered

## FOOTBALL CAMPS

BRACKNELL - GARTH HILL COLLEGE

SLOUGH - CLAYCOTS TOWN HALL

MAIDENHEAD - ST LUKE'S PRIMARY

WOODLEY - WOODFORD PARK 3G

CAVERSHAM - THAMESIDE PRIMARY

BRACKNELL - ST MARGARET'S PRIMARY

WOKINGHAM - FLOREAT MONTAGUE PARK

## MULTI-SPORTS CAMPS

SPENCERS WOOD -

LAMBS LANE PRIMARY

SLOUGH - CLAYCOTS

PRIMARY BRITWELL

BRACKNELL - ST MARGARET'S  
PRIMARY

WOKINGHAM - BEARWOOD  
PRIMARY

SLOUGH - CLAYCOTS  
PRIMARY TOWN HALL

WHITLEY - GEOFFREY  
FIELDS JUNIOR SCHOOL

ARBORFIELD - FARLEY  
HILL PRIMARY

CAVERSHAM  
THAMESIDE PRIMARY

WOODLEY - SOUTHLAKE  
PRIMARY

READING - NEW TOWN  
PRIMARY

MAIDENHEAD - ST LUKES  
PRIMARY

WINDSOR - HILLTOP  
FIRST SCHOOL



[U-SPORTS.CO.UK/BERKSHIRE-HOLIDAY-CAMPS](https://u-sports.co.uk/berkshire-holiday-camps)

# How To Book Your Camp



With **uSports**

## uSportsWebsite

- 1 Search for the uSports website or scan the QR code**  
*If you aren't on the camp specific page already:*
- 2 Click Parents > Holiday Camps > Berkshire Holiday Camps**
- 3 Use the search filters to find the venue or type of camp which you would like to book on to**
- 4 Click Find Out More for more information OR book by clicking the appropriate Book Now age for your child (4 years or 5-12)**

## ClassForKids

Once you click Book Now on the uSports website you will be taken to ClassForKids

- 1 Log in or create an account**
- 2 Select which days you want your child to attend**
- 3 Enter your child's details**
- 4 Select complete order & then either pay by card or childcare vouchers. This is where you can also enter and discount codes.**

## Discounts

### 10% SIBLING DISCOUNT

This will be applied automatically when you book more than one child under one booking

### 20% HAF DISCOUNT

If you usually receive HAF funding through Pupil Premium, email us to claim your unique discount code. There are no free HAF spaces during half term. Please note that there is no food provided with this booking

### MULTI-DAY DISCOUNT

This will be applied automatically when you book all the days running in a week at one camp

**U-SPORTS.CO.UK/BERKSHIRE-HOLIDAY-CAMPS**

FREE EVENT  
EVERYONE WHO SUPPORTS THE AIMS  
OF PRIDE IS WELCOME.  
VOLUNTEERS EVEN MORE WELCOME!

# Wokingham Pride

SATURDAY 13TH JULY 2024

11:00

PHOTOS - WOKINGHAM MARKETPLACE

11:30 - 12:00

PRIDE PARADE FROM THE MARKETPLACE TO  
ELMS FIELD

12:00 - 4:00 PICNIC AND BANDS AT ELMS FIELD

THANK YOU TO THE EQUALITY FORUM, WOKINGHAM TOWN COUNCIL,  
WOKINGHAM BOROUGH COUNCIL, WOKINGHAM LIONS AND HARLEQUIN  
MARQUEE HIRE FOR YOUR GENEROUS SUPPORT OF WOKINGHAM PRIDE  
VISIT THE WOKINGHAM PRIDE FACEBOOK PAGE TO FIND OUT MORE  
EMAIL - [WOKINGHAMPRIDE@GMAIL.COM](mailto:WOKINGHAMPRIDE@GMAIL.COM)  
FACEBOOK PAGE - [FACEBOOK.COM/WOKINGHAMLGBTQ](https://FACEBOOK.COM/WOKINGHAMLGBTQ)



**Bracknell Forest**

# PRIDE

**SATURDAY 20 JULY 2024**

Join us **between 12 noon and 7pm** to celebrate Bracknell Forest's Pride festival. Come and enjoy the festivities with live music, dance, glitter, family fun, support and advice!



[thelexiconbracknell.com](http://thelexiconbracknell.com)

Image is for illustration purposes only / T&Cs apply



# 2024/25 SEASON U14 GIRLS WELCOME



**WE ARE LOOKING FOR NEW PLAYERS TO OUR WILDCATS TEAM, PLAYING ON SATURDAY MORNINGS IN DIVISION 1 OF THE BERKSHIRE COUNTY GIRLS LEAGUE PLEASE SEND OUR PAGE A MESSAGE IN YOU WOULD LIKE MORE INFORMATION OR CONTACT PHIL 07850 603634**



IT'S A  
**KNOCKOUT!**



**Community Event hosted by Thames Valley Police**

Teams of 6 to get through the course. Adult and children teams

**Sunday 15<sup>th</sup> September 2024 11am – 3pm at the Morgan Recreation Park  
Lower Broadmoor Road, Crowthorne, RG45 7LD.**

Register your interest and teams with PCSO Ann Marie Kennedy via email:

[ann-marie.kennedy@thamesvalley.police.uk](mailto:ann-marie.kennedy@thamesvalley.police.uk)

Custard pie throwing, goal kicking, running, assault course, dressing up team event, with all the local community. Best team will get a prize and other prizes will be awarded on the day.

7 PORTMAN CLOSE, BRACKNELL, RG42 1NE

21  
JULY

EVERYONE'S  
WELCOME

Youthline

# YOUTHLINE *OPEN day*

FIND OUT MORE ABOUT THE YOUNG  
AMBASSADOR PROGRAMME BY HEARING FROM  
US AND ENGAGING IN OUR INTERACTIVE  
AFTERNOON!

COME FOR REFRESHMENTS AND CRAFT  
ACTIVITIES, PLUS A PRESENTATION FROM THE  
YOUNG AMBASSADORS THEMSELVES.

---

DOORS OPEN 2-4PM. FREE ENTRY. FREE PARKING.

BRACKNELL

TRY US FOR  
FREE!

LEARN  
NEW SKILLS!

FROM ONLY

**£6.99**

PER CLASS  
AFTER TASTER  
SESSION

**NINJA  
CLASSES**

**GYMNASTICS  
CLASSES**

by **Beth  
Tweddle**

**NO  
CONTRACT!**

**PLUS CLASSES FOR  
YOUNGER CHILDREN**

**Gymfinity Kids**  
CLUBS

# OUR CLUBS OFFER...

## CLASSES FOR KIDS

Gymnastics, Ninja and Dance classes for children up to 16 years old. Our great selection of classes teach new skills and are lots of fun. Book a free taster session today. Classes from only £6.99\* after your free taster class.



TOP  
SKILLS



FUN & GAMES...

## BIRTHDAY PARTIES

For a party they'll never forget, it has to be at Gymfinity Kids. We offer both Gymnastics and Ninja themed parties. Members and non-members welcome. Call us today to find out more.

## HOLIDAY CAMPS

Our holiday camps keep kids active as well as being full on energy! Children learn new skills doing Gymnastics or Ninja, take part in craft activities as well as playing group games. Members and non-members welcome. Book online today!

PARTY  
TIME!



BOOK YOUR **FREE TASTER SESSION** AT:

[gymfinitykids.com](http://gymfinitykids.com)

UNLEASH YOUR  
INNER NINJA...  
...IN OUR FUN  
CLASSES

HANG  
TIME!

Ninja  
Knights

TRY US FOR  
FREE!

INTERACTIVE PRESCHOOL  
CLASSES FOR UNDER 5'S

MAKE  
FRIENDS



# NEW DANCE MASH-UP

LAUNCHING  
JAN 2024

FOR EVERYONE  
OF ALL ABILITIES



## HOW TO FIND US...

**Gymfinity Kids Bracknell**  
65 Princess Square  
(Next to PureGym)  
Bracknell, RG12 1LS  
T: 01344 203280  
E: [info@gymfinitykids.com](mailto:info@gymfinitykids.com)

T&C's apply. See website for details.

**SCAN HERE**  
TO BOOK A FREE TASTER



**Gymfinity Kids**  
CLUBS

book your **FREE** taster session at:  
[gymfinitykids.com](http://gymfinitykids.com)

## Charity Football Match in aid of The Royal Marsden Cancer Charity

Courtney Hector who used to attend Sandhurst, sadly passed in December 2022 from a terminal brain tumour at the age of 19 .

A foundation in her name - Courtney's Team Marsden Foundation has been set up and it is an umbrella of The Royal Marsden Cancer Charity where she was treated

We are holding a football match and fun day on Sunday 21st July at Ascot United Football Club, please see the flyer below to book tickets.

In aid of  
**The ROYAL MARSDEN Cancer Charity**  
Registered Charity No. 208812

 **Courtney's TEAM MARSDEN Fund**



**buy tickets here:**  
<https://www.eventbrite.co.uk/o/kim-hector-83208116963>



**GRENELL ATHLETIC FC**

**Ex-pros vs Grenfell Athletic**

**Charity Football match!**

**SUPER FUN DAY**  
Including Zorb football;  
Inflatable darts/axe throwing;  
Bouncy castle  
AND Fun Photo Booth!

**Tickets: £10.**  
**Under 5s go free!**  
**Family ticket (4 people): £20**

**Date: 21st July 2024**  
**Time: 12-6pm**  
**Location: Ascot United Football Club**  
**SL5 7LJ**





# My Community Map



Activities for all  
ages to help  
you stay **healthy**  
and **well**.



[bfcommunitymap.commonplace.is](https://bfcommunitymap.commonplace.is)



**Bracknell Forest**  
Social Prescription  
Programme



**Bracknell  
Forest  
Council**

# My Community Map



**Find out what is happening in your area.** There is a wide range of local activities, groups and societies across the borough that can help to support your health and wellbeing.

Whether you are interested in sports, crafts or playing games, there is something for everyone on the Bracknell Forest Community Map.

You can filter your search by selecting a category, including:



**Get active**



**Get creative**



**Get help**



**Get connected**



**Get learning**



**Get ideas for kids**

< Home Community Map



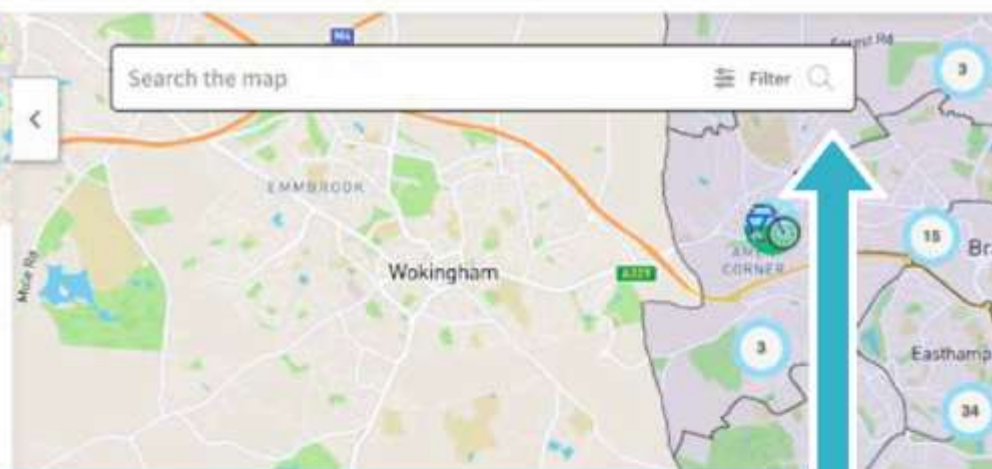
**Project info**

**Filters**

Activity

Clear filters

Get active - All



You can also search by your postcode to see what is close to you.

**Can't find what you are looking for?**

Request a call back from one of our friendly social prescribers on **01344 325 000**, or scan the QR code to make a referral.



**Visit [health.bracknell-forest.gov.uk](https://health.bracknell-forest.gov.uk) and click on 'Community Map'.**



# Soccer Sphere

YOUR LOCAL BUBBLE FOOTBALL COMPANY!

## OUR SERVICES

CHILDREN'S BIRTHDAY PARTIES

END OF SEASON TEAM PARTIES

FOOTBALL TOURNAMENTS

SCHOOL FETES

CORPORATE EVENTS

ADULT PARTIES



Contact us today

07803313955

[soccersphere@yahoo.com](mailto:soccersphere@yahoo.com)

